



CLIENT PROFILE

Name _____

Address _____

Telephone (h) _____ Facsimile _____

Mobile _____

Email _____

EMPLOYMENT INFORMATION

Title _____

Employer _____

Telephone (work) _____

PERSONAL INFORMATION

Date of Birth _____ Marital Status _____

Children _____

As your coach it is important for me to understand how you view the world in general and yourself in particular. Every person has their own unique and personal way of interacting with their surroundings.

These questions will hopefully provide a means for me to understand you and your current position more closely and thus enable me to coach you to bring out your best. Please take some time to answer these questions as thoughtfully and clearly as possible. These questions are designed to be "mulled over" and to stimulate your thinking on items that may in the past been automatic in the past.

If you have any queries please let me know and we can discuss them.

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Ph: 0410 441 757 Fax: 0400 443 775

coach@halinasplace.com.au

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ABN: 16 068 341 168

What is it that currently occupies the majority of your professional time and effort?
What do you do during a normal day?

What do you want from your business?

What skills or knowledge are you developing?

What are your key job/performance goals?

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How does what you do professionally contribute to achieving your personal goals?

If you could change some aspects of your professional situation what would you choose to change?

What do you consider to be your greatest accomplishments so far?

What activities have meaning and heart for you?

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Do you know your preferred style of learning? If so, what is it?

How do you find you are best motivated? Internally? Externally? Both?

What do you believe to be your most important values? Do you believe you are living congruently with these values?

How do you respond when you are in a really challenging situation?

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What three steps could you take immediately that would make the greatest difference in your current situation(s)?

GOALS

What are your top 5 goals, either short or long term, at the moment?

CHALLENGES

What are your top 5 challenges at the moment?

COACHING

What are your major objectives or gains that you wish to achieve from coaching?

What can I say or do when you are "stuck" that will help you return to action?

How do you want me to be as your coach?

We want you to get maximum benefit from your coaching experience. This is determined by our beliefs & the rules we have about coaching & its ability to contribute to the quality of our life. What do you need to believe for coaching to have the biggest impact on your life?

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What, if any, expectations do you have of our coaching together?

What else would you like to say?

If you are happy with my service and that I have delivered value, would you be happy to refer me to two friends or colleagues that could also benefit?

Warmest regards

Helen

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